ANNUAL PROGRESS REPORT ON INHP

05.04.08

The CEO conducted monthly review meeting with BC's, PC and ED of INHP of this organization in which the strategies for improvement of performance of NHD and also steps to be taken to eradicate malnutrition were discussed in detail.

26.05.08, 28.05.08, 30.05.08 and 31.05.2008

The following Block Co-ordintors of this organization have attended to the consolidation of survey work on ICDS – IV under the supervision of CARE officials of Karimnagar Branch office.

- 1. Smt. V. Surekha
- 2. Shri G Ravinder
- 3. Shri K. Sridhar
- 4. Shri V. Yelladas
- 5. Shri K. Shankarajah

All the Block Co-ordinators working in INHP project of this organization have imparted CB. Training to ICDS supervisors in all different projects in their jurisdiction during first FN of this month.

27.05.08

All the Block Co-ordinators of INHP have attended the 'ASHA' workers review meetings in all the 9 PHC's and sent their observation reports to the CARE officials in Karimnagar Branch as directed by them.

08.05.08 and 09.05.08

Two days training programme on food community supply chain management has been conducted at CDPO office Huzurabad along with Husnabad, Huzurabad and Bheemadevarapally Blocks. The concerned CDPO's supervisors and godawn in charge and Shri V Yelladas, Block Co-ordinator Huzurabad has also attended this training programme.

22.05.08 and 23.05.08

NHD demonstrations were conducted for two days by CARE officers Karimnagar at Abadi Huzurabad and Peddapapaiahpally for creation of awareness among PHC & ICDS staff Shri V. Yelladas, BC from this organization also attended this demonstration programme.

Similarly, such demonstration were also conducted by CARE officers Karimnagar at the following PHC's on the dates shown here under for which

19.05.2008	Manakodur
20.05.2008	Nustulapur

Shri G. Rama Rao, Block Co-ordinator has attended these demonstration classes.

11.06.08

A convergence meeting with ICDS and IKP staff was held at PHC Kodimyal of Mallial Block in which the concerned M.O. Shri Ashok along with CHO Health supervisor, Health Assistants, Supervisors and ANM's, ICDS workers MMS representatives of the Mandal have participated. The main discussions were focused on ICDS and Health activities. It was agreed that both the Aww's and ANM's at gross root level should the co-ordinated by for the IKP & ICDS Health staff and then give full Co-ordination for successful conduct of NHD activities in each village. It was agreed to prepare a separate action plan for the same for implementation. Shri. G. Ravinder BC INHP from this organization has participated in this convergence meeting.

17.06.08

A similar convergence meeting was conducted at PHC Kothapally. The concerned MO, CDPO, Mandal Samakhya from IKP ICDS supervisors, Health supervisors, ANM's have participated in this meeting in which main focus was given about NHD strengthening. It was decided to fix up suitable dates for village level convergence meetings for strengthening of NHD's were finalized. An action plan for "KISHORA BALIKALA MELA" at Mandal level has been prepared for implementation during July-08. An action plan for Block level advisory committee meeting has also been prepared in consultation with IKP and other Departmental officers concerned

25.06.08

A similar convergence meeting was conducted at AWC Pegadapally on 25.06.2008. The concerned M.O, CDPO ICDS Supervisor, Health Supervisors and ANM's participated. Shri G. Ravinder BC participated from this organization. Further, two Co-ordinators from IKP also participated. It was agreed to prepare an action for village level convergence meetings to be conducted at gross root level from next month onwards. More attention was focused on NHD's strengthening at village level.

02.06.08, 03.06.08 and 10.06.08

The consolidation work of survey conducted for ICDS IV a new scheme to be implemented in near future has been attended to by the following 5 BC's from this organization for 3 days from 02.06.08,03.06.08 and 10.06.08 at CARE Office Karimnagar and handover the

- 1. Shri N. Shankaraiah
- 2. Smt. V. Surekha
- 3. Shri G. Ramarao
- 4. Shri V. Yelladas
- 5. Shri K. Sridhar

Data to the Care officials.

06.06.08 and 07.06.08

A training program was conducted for two days by Shri T. Sudhakar Rao, Care Official from Karimnagar for 1. Karimnagar (Rural) 2. Karimnagar (Urban) 3. Metpally Blocks at TTDC Karimnagar

The concerned CDPO's Godowm incharge and ICDS supervisors have participated in this training program. The participants were trained in management skills and knowledge on commodities being distributed to the AWCs

24.06.08

Smt. Manjula, Program Officer from Khammam District and Shri T. Sudhakar Rao Program Officer CARE Karimnagar have visited Laxmipur village of Gundlapally sector Bejjenki Mandal and oriented about the TSR survey and subsequently they have attended to the sector meeting at Gundlapally; for which CDPO: ICDS supervisor and BC from this organization have participated.

Subsequently Smt. Manjula Program Officer Khammam CARE Office conducted review meeting with CDPO ICDS supervisors concerned.

23.06.08

CARE Program Officer Shri Benjamine visited Bonthavanipally AWC of BDPL project along with ICDS Supervisors and Shri V. Yelladas BC from this organization. The program officer from CARE assessed the progress on implementation of various projects

24.06.08

Program Officer Shri Benjamine visited Sriramulapally and Valbhapur AWC's of Veenavanka centre along with CDPO all supervisors and Health staff. Shri V. Yelladas, BC from this organization also accompanied him. The following items of works were given main focus.

- 1. House visiting tools (AWW)
- 2. House visits
- 3. Strengthening of NHD's
- 4. Growth monitoring of children
- 5. Immunization status
- 6. Wages of BCC material

7. Performance of village level sanitation committee

30.06.08

Health and ICDS joint sector meeting at Challur PHC has been conducted at ICDS office Huzurabad by CDPO and MO concerned for which, Health supervisors, ANM's, ICDS supervisors and AWW's have participated in this meeting. Main focus was given on

- 1. Strengthening of NHD's
- 2. Immunization status
- 3. Joint visits of MO and CDPO
- 4. Joint visits of LHV and ICDS supervisors
- 5. PIFA and IFA

Distribution status and verification of IMR and MMR.

It was agreed to conduct Joint sector meetings in each quarter at PHC level. Shri V. Yelladas BC from this organization has participated.

15.07.08

CARE India team programme officers of INHP Branch office, Chaithanyapuri, Karimnagar have conducted one day training programme to the District Resource group (DRG) at TTDC from 10 AM to 5 PM. The following Block Co-ordinators of this organization have attended this training programme.

- 1. Shri N. Shankariah
- 2. Shri G. Rama Rao
- 3. Shri K. Sridhar
- 4. Shri V. Yelladas

They were given training on the following subjects

- 1. ICDS
- 2. Trends in infant mortality
- 3. Trends in childrens Nutritional status
- 4. Cancer and remedies of IMR (Infant Mortality Rate)
- 5. Improving Nutrition for pre-pregnancy etc. and
- 6. Sensitization on various ICDS Project.

'RAKSHITHA' PROGRAMME'

25.08.08

The CEO, ED and PC INHP of this organization went to Hyderabad and attended the meeting at HLFPPT wherein instructions were issued about selection of 5 Mandals and 10 villages in each Mandal for arranging orientation to women folk of age group of 15 to 35 years in rural areas for promoting male condoms. It was also directed to appoint the following persons for successful implementation of the project.

- 1. Women facilitators
- 2. Women Co-facilitators
- 3. Women Mobilizer for each Mandal

and to train them at Head office 'KRUSHI' on 08.09.08 on condom promotion to have precautionary measure for giving instructions on the subject matter. It was also stated that motivates should be women only. The said organization selected only 3 District in AP on pilot basis. The main objective of the project is to promote male condoms in rural areas. It was decided to conduct the field level orientation with effect from 07.08.08 to 15.09.08.

27.08.08

An annual review meeting on INHP subject was conducted by CARE Regional Manager. Shri Ravindranath, and also District programme officers of CARE Branch officer Karimnagar in Head office, "KRUSHI" in which, CEO, ED, PC INHP and all the BC's of INHP participated.

The RM has stated that the following 3 Blocks will be phased out by the end of Sep'08 and therefore the BC's should ensure that

- 1. Peddapally
- 2. Jagitiyal
- **3.** Mallial

All the Health activities in these Block areas to be continued as usual even without the support of BC's concerned from CARE after 30.09.08. The RM and District Programme officers CARE urged the need to put more efforts for value addition work in each of the Blocks in health activities and to show substantial progress in NHD and to eradicate malnutrition in rural areas. It was also directed that much focuss to be given on other Blocks for substantial progress on Health items and also to reduce the malnutrition status in other Block areas which are also going to be phased out by the end of Feb'08.

29.08.08

The District CARE Programme officers Karimnagar have conducted a reorientation training to all the BC's in their office to enlighten them selves to have ample knowledge on their prime roles and responsibilities to show better progress in the ensuing month on Health activities. The programme office, 'RAKSHITHA' from HPLLEP organization Hyderabad gave orientation to the facilitators appointed for promoting male condoms in rural areas.

15.09.08

Sri BRL Swamy, PC INHP of this organization has taken 16 Ashaworkers from various PHC's of the District to St. John's seminary Hyderabad to give them orientation on 'RAKSHITHA' programme for promoting condoms process in rural areas by HPLLFP organization Hyderabad. They were enlightened about the very importance of the programme and also the implications involved for vide publicity at rural areas and also about their own roles and responsibilities as the facilitators of the programme at village level as social mobilizers to create awareness on usage of condoms by males in the rural areas.

24.09.08 to 29.09.08

An orientation cum workshop was conducted by HLFPPT organization Hyderabad in their office with selected NGO's of 3 Districts in Andhra Pradesh on 25-09-08. In this workshop instructions were given to select 10 villagers in each of the selected Mandals in each District for arranging orientation to women folk with age group of 15 to 35 years in rural areas while appointing the following persons from 'AHSA WORKERS' in the villages

- 1. Facilitator
- 2. Co-Facilitator
- and 3. Mobiliser

to motivate rural women folk on usage of promoting condoms as a preventive measure for HIV AIDS.Accordingly, this organization has selected 10 villages in each of the following five Mandals in Karimnagar District as per statement appended.

- 1. Siricilla
- 2. Illanthakunta
- 3. Mustabad
- 4. Yellareddypet
- 5. Gambhiraopet

A schedule programme has been chalked out from 24.09.08 to 29.09.08 and given orientation on usage of condoms to the rural women 'ASHA WORKERS' who were appointed as facilitators/Co-facilitators details the number of women participated in the orientation classes in each village etc. are shown in the statement appended.

An amount of Rs. 1, 69,323/- (Rupees One Lakh Sixty Nine Thousands Three Hundred and Twenty Three Only) was incurred for successful conduct of this programme in the selected villages from the available funds of this organization.

The proposals for the reimbursement of the said amount along with the details of expenditure incurred were submitted to Ms V. Padmavathi, Programme officer, HLF PPT, 'RAKSHITHA' Basheer Bagh, Hyderabad vide this office reference no 02/Rakshitha/08 dated 30.09.08.

The relevant photos and other bills were also sent with expenditure particulars.

BLOCK REVIEW MEETINGS:-

The Block Co-ordinators have attended 20 Block review meetings along with supervisors. They are facilitating in the review meeting about the gap's identified during their field visits, like Malnutrition status, record maintenance, AWW home visit tool. Immunization due list, strengthening of NHD's and also facilitation in preparation of sector meeting's agenda, BLAC meeting agenda. Mandal convergence meetings, SNP, pre-school activity.

PRE-SECTOR MEETINGS:-

9 Pre sector meetings are attended during the month out of 11 Projects and support given to CDPO's and supervisors on identified issues like Malnutrition, Immunization CF with Quality, Quantity and Frequency and AWC joint visit observations and preparation of common agenda for conducting sector meetings.

SECTOR MEETINGS:-

During the month, the BC's have attended 33 sector meeting and facilitated supervisor for strengthening of review meetings at sector level on the following issues.

1. New born care 2. Malnutrition status 3. AWW House visit tools 4. Referring Institutional deliveries 5. Awareness on the maintenance of minutes registers and reviews machanisam. 6. To support weak and new supervisor to create awareness to strengthen the review mechanisam and also about correct maintenance of various records. 7. To identify the low performance AWC's and to prepare action plan for joint house visits to bring change in the best practices like new born care, Complementary feeding exclusive breast feeding and timely immunization.

PHC Level Meeting

In every month the BC's are participating in ASHA workers meeting along with ICDS supervisors to discuss the identified issues from joint house visits and NHD's on the following points.

- 1. PRI's participation in NHD's and various important celebrations like breast feed celebrations nutritional week celebrations and health camps and other innovative programmes
- 2. Preparation of due list for 100% immunization in NHD's

- 3. Developed Co-ordination between ANM, AWW and CBO's to provide best services to the beneficiaries
- 4. To motivate regular NHD's at public convenient places like Gramapanchayath, AWC, and PHC sub centers etc.
- 5. To focuss on giving complete consumption i.e 5 dosage of vitamin 'A' by children of age grump of 01 to 03 years.
- 6. To facilitate the MO's for identifying the gaps on immunization at village level and also to strengthen the joint visits of ANM and AWW's.

Convergence

- 1. Mandal level convergence meetings with IKP Health and ICDS workers are being conducted in all the Blocks regularly to create awareness on nutrition and Health activities and also to support PRI representatives for regular attendance in NHD's
- 2. All the BC's have attended the 'ASHA' worker meeting held at PHC level and given orientation on Nutrition and Health activities.
- 3. BLAC meeting was conducted at ICDS office Peddapally Block on 23.09.2008. The concerned MO's/ICDS PO's and supervisors attended this meeting and discussed on gaps identified with regard to strengthening of NHD's LHV supervisors joint visits MO's and CDPO's joint visits and prepared the action plan for implementing the above issues effectively. (Copy of minutes appended)

Nutrition week celebrations

The ICDS CDPO's have resolved to celebrate nutrition week celebrations at Mandal level/ Sector level and Village level with effect from 01.09.2008 to 07.09.2008 and also conducted these celebrations successfully by involving PRI's and CBO's. The BC's have also attended in 39 celebrations in the District.

The following important events took place in these celebrations

- 1. Demonstration of stalls on nutritious food
- 2. Conducting awareness meetings on importance of nutrition and Health activities
- 3. Rallies and cultural activities were conducted with school children at District level.
- 4. Gifts were given by donor (PRI's and CBO's) to the beneficiaries.
- 5. All the Sarpanches/MPTC's/MPP's and also ZP Chairman Municipal chairman along with Councilors and CARE officials also attended these programmes.

BLOCK REVIEW MEETINGS:-

The BC's of this organization have attended the Block review meetings and facilitated the CDPO's about gaps noticed by them like 1. Behavioral changes among mothers best practices like BPP, New born care and quality quantity frequency etc.

and requested the CDPO's concerned to take action for improvement on the above issue by conducting frequent visits/ reviews with AWW's in their areas.

Block Level review meetings are being conducted as there is no regular CDPO for Manthany Block. This matter was brought to the notice of care officials and also PD, ICDS for taking necessary action.

There are only 3 ICDS supervisors working in Mahadevpur Blocks who are not visiting and covering entire area of the block. But due to the efforts made by BC of this organization there is improvement in Health and ICDS activities consequently, the ANM's in the area are sensitised about prioritisation of house visits, innovative programmes like 'ANNA PRASANA' and timely immunization of below 2 years children and improvement of NHD's etc.

The CDPO's are reviewing the progress on achievement sector wise so that the issues and gaps are being identified easily. The main focuss was given on the following issues.

- 1. Behavioral changes on complementary feeding given to children of age group above six months
- 2. Identifying gaps to take up timely immunization
- 3. Attending of PRI representatives in NHD's
- 4. Village Level and Mandal Level convergence meetings to be improved.
- 5. Preparation of action plan to identify the low performance of AWC's and to give them CB for improvement

PRE-SECTOR MEETINGS:-

Since there are no regular CDPO's in Manthany and Mahadevpur Blocks, these pre-sector meetings were not conducted in the month of Oct'08. However, the supervisors are still following the common agenda of previous month. The BC's of this organization facilitated the ICDS supervisor for improvement in Health and ICDS Activities.

The BC's of this organization have insisted the ICDS CDPO's to follow the common agenda fully to identify gaps if any for implementation in sector meetings.

SECTOR MEETINGS:

All BC's have participated in 27 sector meetings during this month both in FY 09 and Replication Blocks and facilitated the supervisors for effective review with AWW's on the following issues.

- 1. Mal nutrition status
- 2. NHD's conducting
- 3. Regular House visit tool 60% to 70%
- 4. Preparation of immunization due list 90%
- 5. Orientation on New formats for preparation of MPR
- 6. Giving CB for quality, quantity and frequency methods, complementary feeding and innovative programme of 'Anna Prasana'

7. Conducting of 'AKSHAYAPATHRA' programme at AWC's.

CONVERGENCE MEETINGS:

Mandal Level Convergence meetings were conducted in Chandurthy and Vemulawada Mandals. In these convergence meetings, all the PR representatives and Health and ICDS staff have participated and decided to work together to identify the convergence gaps to fill up the same in future. They have supported the services of Health and ICDS staff. A similar meeting was also held at Huzurabad Block.

05.11.08

Shri B.R.L Swamy PC of this organization has attended the 'ASHA DAY' meeting with CARE officials in DM and HO Karimnagar for which all the CDPO's and other Health staff have participated.

24.11.08 to 28.11.08

Shri B.R.L. Swamy PC INHP of this organization went to attend the following INHP phase III orientation meetings as resource person as an evaluation official with ICDS and Health staff and also for preparation of consolidation report on INHP III on

27.11.08.

Hyderabad 24.11.08.

Vijayanagarm 25.11.08 to 28.11.08.

22.12.2008

The Programme officers of CARE organization Branch office Karimnagar have conducted the monthly review meeting on INHP in their Branch office. The Executive Director and Project Coordinator and all the BC's of INHP have participated in this review meeting.

The main agenda items discussed were about 1) common minimum elements and the conducted of 2) Block level 3) Pre- Sector level 4) Sector level meetings 5) PHC level meetings at each ICDS Block was emphasized. All the BCs were directed to attend the "ASHA DAY" on 31st December, 2008 and to give their report on BMPR in the CARE office. The Bcs were directed to submit the following report by the end of every month with out fail.

1) BMPR 2) Action Plan 3)Tour Diary 4)PRI Training reports with no.of villagers participated etc. 5)Micro plan of Immunization Schedule 6) list of Ana Prasana & NHD's 7)Nutrition status (Sector wise) 8) Block Level/Field observations reports along with BMPR ANC at sector/Block and Community level.

All the BCs were directed to invariably attend (4 to 8) NHD's in there block in a month without fail.

They were also directed to submit the monitoring Formats after completion of the "ASHA DAY" launching to the CARE office with out fail.

6.01.09

INHP monthly review meeting was conducted by Smt.VenkatRamana PO CARE Chaitanyapuri branch office Karimnagar. In the conference hall of KRUSHI NGO Karimnagar. In the meeting ED PC and BC's of INHP have participated.

- 1. The following items were discussed length for strict implementation during this month.
- 2. All the BC's were directed to give field observation report indicating the behavioral changes in respect of pregnant women in respect of two year child every month regularly to CEO.
- 3. It was further directed that records indicating the supervisory units should be made available in ICDS Blocks.
- 4. A Separate day to be earmarked for conducting pre-sector meeting prior to conduct sector meeting in their Blocks without fail.
- 5. Every BC's should invariably attend "ASHA DAY" meeting in the concerned PHC with out fail.

27.01.09

Shri. Ravindranath, Regional Manager INHP CARE India Hyderabad visited the following places under INHP along with concerned BC's of the organization.

- 1. 27/01/09 Rural Block of Karimnagar.
- 2. 28/01/09 Block level meeting at Huzurabad.

He has interacted with the concerned AWW's and MO's and also Health Workers etc in the PHC's concerned to ascertain various items under INHP sponsored by CARE, India and also the status of various health activities. He has also interacted with few pregnant women and ascertained from them about various Health practices to be followed during pregnancy and also to maintain malnutrition status of new born children at rural areas

29.01.09

Shri. Ravindranath, Regional Manager INHP CARE India Hyderabad has conducted the review meeting with the BC's of INHP in the conference hall at hotel Srinivasa for which PC INHP and also ED form this organization have participated Smt. Ventkataramana, PO CARE INDIA to maintain malnutrition status of new born children at rural areas.

The work turned out each of the BC's of INHP has been reviewed critically and gave instructions for reducing the malnutrition status in each block by conducting frequent joint visits to the families identified. After the review for strict implementation of the project in an effective way. He has instructed the PC concerned to concentrate intensively Blocks for effective supervision of the health activities.

17-02-09

Review meeting with Block coordinators and PC on the progress of INHP was conducted by Smt Venkata Ramana P.O. in the conference Hall of "KRUSHI" NGO Head office, Karimnagar. ED from this organization participated in this meeting.

The following were the agenda items discussed in the meeting.

- 1. Data analysis
- 2. Available Data at Block Level.
- 3. Supervisory tools strengthening.
- 4. Grading of PHC's
- 5. AW House visiting tool
- 6. CDPO cheek list.
- 7. Maintenance of Block level coordinator's register
- 8. Convergence meeting register.
- 9. Updating of seasonal report at Block level.

14.03.09

Shri Gupta & his team conducted audit of the accounts of INHP Covered by in the Head Office "KRUSHI" NGO Karimnagar for the period of sanction of the project on 14/03/09.

16-03-09

Smt Venkata Ramana P.O Branch Office CARE INDIA Chaithanyapuri Karimnagar has reviewed the Block wise progress achieved under each of the items discussed in the last month in Head Office "KRUSHI", Karimnagar. The PC and (08) BC's of this organization have participated in this review meeting.

After presentation of Block wise performance, the said PO issued suitable instructions to all the BC's to vigorously visit the area allotted to them & ensure that substantial progress is achieved on certain action points given.